



CONGRATULATIONS BALLARD!

YOU REALLY GOT IN MOTION THIS SUMMER!

Thanks to the nearly **850** people who took the **IN MOTION** pledge and reduced their drive-alone car trips this summer. We hope you are enjoying the health benefits - and financial rewards - you earned.

Thanks to the Ballard In Motion **"Walking the Talk" Sponsors** - local businesses and organizations who displayed In Motion materials and provided gift certificates to Ballard residents and employees who reduced their car trips.

Annie's Art and Frame
Archie McPhee
Ballard Health Club
Bardahl Manufacturing Corp.
Best Regards
Bop Street Records
Epilogue Books
Great Harvest Bread Co.
Greener Lifestyles
Kavu

Lombardi's Neighborhood
Italian
Market Street Shoes
Majestic Bay Theatres
Nordic Heritage Museum
Opperman Design
Port Chatham Smoked Seafood
Prompt Auto Care
Quixote Foundation
re-soul

Second Ascent
Secret Garden Bookshop
Shakti Vinyasa Yoga
Sunset Bowl
Tableau
Trident Seafoods Corporation
Verite Coffee & Cupcake Royale
Viking Bank



843	pledges to drive-less
3,059	healthy travel info requests
8,864	gallons of gas saved
171,965	pounds of CO2 emissions saved
177,283	miles of driving saved

Special Thanks to our
"Ballard-on-the-Street Team"



What your neighbors are saying about IN MOTION:

"Great idea for healthier travel choices! Thanks!" Todd Gentry

"I've been wanting to challenge myself to drive less and this program really helps."
Deb Ausema

"Thank you for this campaign! I knew I wanted to start taking the bus and walking more this summer" Erin Westkerbrat



Even though
the IN MOTION program
has ended, you can still find out
about local Ballard efforts to reduce
driving and stay IN MOTION at

www.metrokc.gov/inmotion